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ABSTRACT

This monograph documents the speeches presented at the 1988 Symposium on Sports Psychology and the Coach. Presentations ranged from empirical research studies to anecdotal methodologies for coping with problems of anxiety. The following presentations are included: (1) "The Coach as Psychologist: When and How" (Robert Rotella); (2) "Psychology for Superior Performance" (Dorothy V. Harris); (3) "Consistency in Athletic Performance: The Coaches Role" (Kenneth Ravizza); (4) "The Female Athlete" (Mimi Murray); (5) "What Black Athletes Want in a Coach" (Courtland Lee); (6) "The Burdened Coach: Occupational and Family Stress" (Peter Maynard); and (7) "Reinforcing Performance and Self-Esteem in Athletes" (Robert J. Sonstroem). (JD)

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